



PLEASE CIRCLE EVERY
DINNER CHOICE & write total
money enclosed for Dinner & Break

St Mary's Primary School, Cushendall

Week 1 Menu

(this will be the menu for our first week back to school following Hallowe'en)

'COOL CASH FRIDAY' ENVELOPES
SENT HOME WITH MESSENGERS
IN HOMEWORK FOLDER
EXTRA ENVELOPES AVAILABLE IN SCHOOL OFFICE

Name: _____ Class: _____

MONDAY	£2.60	TUESDAY	£2.60	WEDNESDAY	£2.60	THURSDAY	£2.60	FRIDAY	£2.60	TOTAL MONEY
Pasta Bolognese & Garlic Bread		Breaded Fish, Salad & Diced Potatoes		Roast Chicken Carrots, Broccoli, Stuffing, Gravy, Roast & Mashed Potatoes		Chicken Curry, Rice & Naan Bread		Hot Dog, Beans & Chips		
Muffin & Fruit Bottled Water		Ice Cream & Fruit Bottled Water		Frozen Yoghurt & Fruit Bottled Water		Flakemeal Biscuit & Fruit Bottled Water		Yoghurt & Fruit Bottled Water		
Money Encl.										£
MORNING BREAK										
Toast	30p	Toast	30p	Toast	30p	Toast	30p	Toast	30p	
Baguette	30p	Baguette	30p	Baguette	30p	Baguette	30p	Baguette	30p	
Scone	30p	1/2 Soda	30p	1/2 Soda	30p	1/2 Soda	30p	Scone	30p	
Orange	30p	Orange	30p	Orange	30p	Orange	30p	Orange	30p	
Apple	30p	Apple	30p	Apple	30p	Apple	30p	Apple	30p	
Cream Crackers	30p	Cream Crackers	30p	Cream Crackers	30p	Cream Crackers	30p	Cream Crackers	30p	
Money Encl										£
Cost of Dinner is £2.60 / Day Menu Is Subject To Change Bread served alongside every meal ANYONE WITH ALLERGENS MUST INFORM SCHOOL										Total Amount Enclosed: £

Please read all details on Menu carefully and complete all required boxes including NAME

NEW DINNER TIME ARRANGEMENTS:
PLEASE SEND CORRECT MONEY WITH EACH INDIVIDUAL CHILD IN A SEALED PLASTIC BAG
(CHILDREN CANNOT BREAK CLASS BUBBLES)

All children will eat in their classrooms. There will no longer be a choice of dinner.
 Break & Dinner Times: P1 – P4 - 10.30am & 12.30pm P5 – P7 - 10.45am & 12.50pm

Healthy Lunch Boxes:

We will be continuing our 'Healthy Lunchboxes' for every day and we would ask for your support.

- ✚ Children are not allowed to share food with others.
- ✚ Food not eaten will be returned home in lunchboxes to ensure that parents know what their child has or hasn't eaten.
- ✚ Fizzy drinks are not permitted at any time.
- ✚ On a Friday one small treat may be sent for lunchtime.
- ✚ Can I also remind you that St Mary's is a **'Nut Free Zone'** and children are asked not to bring nuts or products containing traces of nuts into school/nursery at any time.

Healthy Choices	Unhealthy Choices
Fruit	Dairylea Dunkers
Vegetables	Lunchables
Yoghurt	Ritz Crackers
Cheese	All Crisps
Pancakes	Chocolate
Rolls	Sweets
Wheaten Bread	Flavoured Water
Sandwiches	Croissants
Cream Crackers	Cereal Bars
Water	Milkshakes

